

SLIDING SCALE POLICY

WHO IS THIS POLICY FOR? IS THERE A WAITLIST?

This policy is for individuals without insurance benefits who are paying out-of-pocket for nutrition therapy sessions and request a sliding scale rate. Simply You Nutrition, PLLC clinicians are honored to be able to offer a sliding scale, and they have a limited number of spots available in their schedules (1 sliding scale spot for every 5 insurance or full self-pay spots). If there are no sliding scale spots currently available, you'll be placed on a waitlist. We'll do our best to estimate a waitlist time or connect you with another provider if you desire.

WHAT ARE THE SLIDING SCALE RATES? HOW DOES IT WORK?

Please review the handy-dandy table below! The sliding scale self-pay rate is for one 60-minute nutrition therapy session. Sliding scale self-pay rates are calculated based upon a percentage of your annual household gross income.

Annual Household Gross Income Level	Sliding Scale Self-Pay Rate (USD)
Less than or equal to \$28,000 annual household gross income (approximately 100% US Poverty Rate)	\$50.00
Between \$28,000 and \$42,000 annual household gross income (approximately 100-150% US Poverty Rate)	\$70.00
Between \$42,000 and \$56,000 annual household gross income (approximately 150-200% US Poverty Rate)	\$100.00
Between \$56,000 and \$83,000 annual household gross income (approximately 200-300% US Poverty Rate)	\$140.00*
Over \$83,000 annual household gross income (approximately over 300% US Poverty Rate)	\$140.00*

*\$140.00 is the full self-pay rate for a 60-minute follow-up nutrition therapy session